

AUTOMATIC SPRINKLER

LOCAL 281, U.A.

WELFARE FUND



TRUSTEES

THOMAS M. COLLINS
NEAL MCLAUGHLIN
FRED BARALL
ALEX SIU

11900 S. LARAMIE AVENUE
ALSIP, ILLINOIS 60803
PHONE (708) 597-1832
FAX (708) 371-7562

January 2022

2022 Early Detection and Prevention Biometric Health Screening Program

Dear Plan Participants:

The Fund is pleased to announce you, your spouse, and your eligible dependent children who are at least age 18, will have the opportunity to participate in the 2022 Early Detection and Preventative Biometric Health Screening Program. **Empower Health Services (EHS) will provide, at zero out-of-pocket cost,** blood testing, disease management, health coaching and medical reports. **EHS** will offer eligible Health & Welfare Fund participants the option of scheduling their testing at any Lab Corp facility throughout the country, at a date and time convenient for them.

The tests you choose to have done are not meant to replace your physician but are meant to improve communication with your physician at your next appointment. The Fund would like to do our part to ensure you have the necessary resources to live a healthy life. This process will give you:

- A thorough preventative health evaluation
- On-line and printable health education materials
- Comprehensive 37-panel test
- Full lab analysis report with the ability to send it to your primary care physician
- TSH & PSA testing based on age and gender
- Hemoglobin A1c Assesses blood sugar levels over the past 90 to 120 days. This test can help diagnose type 2 diabetes and prediabetes.
- Immediate Intervention and Targeted Outreach coaching

How to Register for your Lab Health Evaluation:

Included is a flyer about the various aspects of the preventative health program and how to register online. **This is not the same registration site used for previous EHS screenings, all participants must create a new account.** You will now find the registration process much easier with the new **EHS** website, at <https://empower.health/sprinkler281EHS>. The registration and consent form can be completed through the **EHS** website, just follow the steps included in the flyer to get started! The client code for all eligible Fund Participants is **sprinkler281EHS**.

You can also call EHS at 1-866-367-6974 or email individualprogram@empowerhealthservices.com for assistance.

Once you are registered, you will receive an email confirmation and a link to Labcorp, to schedule your biometric screening bloodwork. When registering for your appointment on the Labcorp site, please be sure to select the option, "I have already paid or someone else is responsible." EHS invoices the Fund for each Participant that utilizes these services, so you will not need to produce your Blue Cross Blue Shield ID card for payment purposes. This is a zero out of pocket benefit for all eligible Participants of the Plan.

Other Helpful tips for your Labcorp visit:

- Is it recommended that you fast 8 hours as health conditions permit
- Bring your state ID or Driver's License
- Please drink water prior to your appointment and take any prescribed medications as directed
- All Labcorp facilities are independently operated, and some may not offer weekend hours due to COVID-19. If you encounter this issue, please check other Labcorp sites in your area, as they may have weekend hours available for your biometric screening appointment

Past Biometric Health Screening Program benefits were only available from September through December. **The Trustees of the Fund have now decided to include this as a year-round benefit based on each calendar year.** This year's benefit starts on January 1, 2022, and will be available through December 31, 2022, provided you register before December 30, 2022, and get your screening completed by December 31, 2022. Each following year will have the same timelines for screening within the calendar year.

If you have any questions or concerns regarding this Early Detection and Prevention Biometric Health Screening Program, please contact the Fund Office at (708) 597-1832 or Empower Health Solutions at (866) 367-6974.

Sincerely,



Tim Morrin
Fund Administrator